



**DID  
YOU  
KNOW**

**?**

# BATHROOM

## Deodorizing Wastebasket

Keep bathroom wastebaskets smelling fresh with just a sprinkle of ARM & HAMMER® Baking Soda. Apply regularly as you add to the container or when empty, wash the container with a solution of 1 cup of ARM & HAMMER® Baking Soda per 1 gallon of water.

## Deodorizing Drains

To deodorize sink and tub drains, and keep lingering odors from resurfacing, pour ARM & HAMMER® Baking Soda down the drain (1/2 cup) while running warm tap water. ARM & HAMMER® Baking Soda will neutralize both acid and basic odors for a fresh drain. Here's a tid bit to remember - when replacing your box of ARM & HAMMER® Fridge-n-Freezer® Odor Absorber (every 30 days) pour the contents of the old box down the drain to get a little extra mileage.

## Surface-Safe Cleaning

For safe, effective cleaning of bathroom tubs, tile and sinks - even shiny fiberglass and glossy tiles- sprinkle ARM & HAMMER® Baking Soda lightly on a clean damp sponge and scrub as usual. Rinse thoroughly and wipe dry.

## Cleaning Bathroom Floors

ARM & HAMMER® Baking Soda helps remove the dirt and grime from a bathroom tile or no-wax floor quickly and easily. Mix 1/2 cup ARM & HAMMER® Baking Soda in a bucket of warm water, mop and rinse clean.

## Shower Curtains

Clean and deodorize your vinyl shower curtain by sprinkling ARM & HAMMER® Baking Soda directly on a clean damp sponge or brush. Scrub the shower curtain and rinse clean. Hang it up to dry.

## Septic Care

Regular use of ARM & HAMMER® Baking Soda in your drains can help keep your Septic System flowing freely. We recommend adding 1 cup of ARM & HAMMER® Baking Soda per week to help maintain a favorable pH in your Septic Tank.

# LAUNDRY

## Liquid Laundry Detergent Booster

Add ½ cup of ARM & HAMMER® Baking Soda to your laundry to make liquid detergent work harder for you. A better balance of pH in the wash gets clothes cleaner, fresher, brighter! Our new 13.5 lb. Resealable Pouch makes it an easy additive for every wash load.

## Chlorine Bleach Booster

For thumbs up whites with less harsh chemicals that tend to damage clothes add ½ cup of ARM & HAMMER® Baking Soda with a ½ cup of bleach (instead of the usual 1 cup of bleach). Adding ½ cup of ARM & HAMMER® Baking Soda instead of using a full cup of bleach will reduce smelly chemical odors too!

## Freshen Towels and Sheets

Get towels and linens fresh...right from the wash! Add 1/2 cup of ARM & HAMMER® Baking Soda to the rinse cycle.

# KITCHEN

## Burnt-on Foods

Baking Soda penetrates to help lift off baked-on, dried-on foods. Sprinkle a generous amount of ARM & HAMMER® Baking Soda; add hot water and your favorite dishwashing liquid. Let sit for fifteen minutes. Wash as usual without the usual effort. For extra-stubborn spots, dampen the surface, then sprinkle on Baking Soda. Let sit overnight, rinse and wipe.

## Extinguishing Fires

Did you know that ARM & HAMMER® Baking Soda can help in the initial handling of minor grease or electrical kitchen fires? That's because when ARM & HAMMER® Baking Soda is heated, it gives off carbon dioxide, which helps to smother the flames. For small cooking fires (frying pans, broilers, ovens, grills), turn off the gas or electricity if you can safely do so. Stand back and throw handfuls of ARM & HAMMER® Baking Soda at the base of the flame to help put out the fire -- and call the Fire Department immediately.

## Deodorizing Recyclables

Keep those recyclables smelling fresh until collection day. Sprinkle Baking Soda on top as you add to the container. Also, clean your recyclable container periodically by sprinkling Baking Soda on a damp sponge. Wipe clean and rinse.

# KITCHEN



## **Deodorize Garbage Can**

Keep unpleasant smells to a minimum by sprinkling ARM & HAMMER® Baking Soda in the garbage between layers as they accumulate. Periodically wash out and deodorize garbage cans with a solution of 1 cup of ARM & HAMMER® Baking Soda per 1 gallon of water.

## **Deodorize & Clean Dishwashers**

Sprinkle a handful of ARM & HAMMER® Baking Soda on the dishes or in the bottom of the dishwasher to absorb food odors just lingering in the dishwasher. Use ARM & HAMMER® Baking Soda to deodorize before you run the dishwasher and then as a gentle cleanser in the wash cycle.

## **Deodorize Drains & Garbage Disposals**

To deodorize your drains and disposal, and keep lingering odors from resurfacing, pour ARM & HAMMER® Baking Soda down the drain while running warm tap water. Baking Soda will neutralize both acid and basic odors for a fresh drain.

## **Microwave Cleaning**

ARM & HAMMER® Baking Soda on a clean damp sponge cleans gently inside and outside the microwave and never leaves a harsh chemical smell. Rinse well with water. For freshening between uses, place a box of ARM & HAMMER® Fridge-n-Freezer® Odor Absorber in your microwave (don't forget to remove the box of Fridge-n-Freezer® while using the microwave).

## **Cleaning Coffee and Tea Pots**

Remove coffee and tea stains and eliminate bitter off-tastes by washing mugs and coffee makers in a solution of 1/4 cup ARM & HAMMER® Baking Soda in 1 quart of warm water. For stubborn stains, try soaking overnight in the ARM & HAMMER® Baking Soda solution and detergent or scrubbing with ARM & HAMMER® Baking Soda on a clean damp sponge.

## **Polish Silver Flatware**

ARM & HAMMER® Baking Soda can shine all your silver in no time at all! Use a Baking Soda paste made with 3 parts ARM & HAMMER® Baking Soda to 1 part water. Rub onto the silver with a clean cloth or sponge. Rinse thoroughly and dry for shining sterling and silver-plate serving pieces.

## **Fruit & Vegetable Scrub**

ARM & HAMMER® Baking Soda is the food safe way to clean dirt and residue off fresh fruit and vegetables. Just sprinkle a little on a clean damp sponge, scrub and rinse. Keep an ARM & HAMMER® Baking Soda Shaker on your sink for everyday use!

## **Food Safe Surface Cleaning**

Don't season with chemicals. Clean your food prep area with natural, food safe ARM & HAMMER® Baking Soda instead of harsh cleaners. Sprinkle ARM & HAMMER® Baking Soda onto a clean damp sponge or cloth and wipe clean, rinse thoroughly, then dry. Great for counters, stainless steel sinks, cutting boards, microwaves, plastic containers, lunch boxes, back splashes, oven tops, range hoods and more!

## **Hand Cleanser**

Scour away ground-in dirt and grease while neutralizing odors on hands using a paste of 3 parts ARM & HAMMER® Baking Soda to 1 part water. Scrub and rinse clean.

## **Meat Tenderizer**

Enhanced tenderness for a given cooking regime and original quality of meat. Add 0.4% - 1.4% baking soda by weight of meat to a 30 minute marinade prior to cooking. Bicarbonate soaking results in higher pH and water binding rendering connective tissue more susceptible to heat denaturation resulting in more tender beef.

# GENERAL



## **Clean Walls**

Clean and remove marks from walls and painted furniture by applying ARM & HAMMER® Baking Soda to a damp sponge and rubbing lightly. Wipe off with a clean, dry cloth.

## **Freshen and Deodorize Upholstery**

Keep upholstered sofas and chairs smelling fresh and clean with ARM & HAMMER® Baking Soda. Sprinkle Baking Soda on upholstery, wait 15 minutes or longer for tough odors, and vacuum up. For extra freshening power, try specially formulated ARM & HAMMER® Carpet & Room Deodorizer. It destroys tough odors, leaving a fresh, clean fragrance.

## **Upholstery Spills**

Clean spills or accidents on upholstery by soaking up as much of the liquid as possible. Clean the stain according to the manufacturers directions and allow to dry. Then to deodorize, when the area is completely dry, sprinkle with ARM & HAMMER® Baking Soda and let sit for 15 minutes before vacuuming it up. Check for color-fastness first before applying ARM & HAMMER® Baking Soda.

## **Freshen and Deodorize Carpets**

Sprinkle ARM & HAMMER® Baking Soda to freshen carpet areas. Let it sit for 15 minutes before vacuuming. Be sure to check for color fastness first. For extra freshening with a clean fragrance, try ARM & HAMMER® Carpet & Room Deodorizer!

## **Carpet Spills**

Clean and deodorize spills or accidents on carpets by soaking up as much of the spill as possible. Clean the stain according to the manufacturers directions and allow to dry. When the area is completely dry, sprinkle liberally with ARM & HAMMER® Baking Soda and let sit for 15 minutes before vacuuming it up. Check for color-fastness first before applying ARM & HAMMER® Baking Soda.

## **Ashtrays**

Sprinkle Baking Soda into ashtrays. It'll help snuff out cigarettes... and reduce stale smoke smells.

# OUTSIDE



## **Remove Oil and Grease Stains**

Use ARM & HAMMER® Baking Soda to clean up light-duty oil and grease spills on garage floors or driveways. Sprinkle ARM & HAMMER® Baking Soda on the spot and scrub with a wet brush.

## **Cleaning Batteries**

Here's an idea with spark! ARM & HAMMER® Baking Soda can be used to neutralize battery acid corrosion on cars, mowers, etc. because its a mild alkali. Be sure to disconnect the battery terminals before cleaning. Make a paste of 3 parts Baking Soda to 1 part water, apply with a damp cloth to scrub corrosion from the battery terminal. After cleaning and re-connecting the terminals, wipe them with petroleum jelly to prevent future corrosion.

## **Cleaning Outdoor Furniture**

Before you pull out your outdoor patio and pool furniture for the season, give it a thorough cleaning with ARM & HAMMER® Baking Soda. And don't forget to keep outdoor furniture fresh in the off-season too... just sprinkle underneath cushions or inside the storage bag.

## **Cleaning Grills**

Sprinkle dry baking soda on a damp brush, scrub and rinse clean. For tough, greasy stains, scrub with a wire brush and a Baking Soda paste (3 parts Baking Soda to 1 part warm water).

## **ARM & HAMMER® Commercial Products**

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For technical information visit,  
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