

5 Steps to Hand Washing.



1. Wet your hands



2. Lather with Dial[®] soap



3. Scrub your hands for at least 30 seconds



4. Rinse off the soap



5. Dry your hands





30 Seconds

Of scrubbing your hands with Dial® soap and water removes harmful bacteria.



Stay healthy.

Wash your hands.





89%

In 89% of outbreaks caused by food contaminated by food workers, pathogens were transferred to food by workers' hands.



You can make a difference. **Wash your hands often.**





5MM

Reducing foodborne illness by 10% will keep 5 million Americans from getting sick each year.



Your small efforts can make a **big difference**.





1st Step

Handwashing is the first step in preventing foodborne illness.



Stop the spread. **Wash** your hands often.





1 in 6

1 in 6 Americans get sick each year due to foodborne diseases.



Stay healthy. Start with washing your hands.

